

November 2023

Charter Senior Living of Cookeville



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<ul style="list-style-type: none"> Community & Connection Exploration & Adventure Harmony & Introspection Intentions & Commitments Knowledge & Learning Motion & Movement Motivation & Creation 	10:00 🚗 Walmart Wednesdays [FP] 1 1:30 🗣️ First Mates - Politics Meeting [SR] 3:30 📖 Ghost Stories [AR] 6:30 ☕ Coffee Social [SR] 7:00 🏆 Sport of The Week [LR]	9:00 🏃 Morning Fitness w/ Michael [AR] 2 10:30 🎲 Board Game Of The Week [RR] 2:00 🏠 Town Hall Meeting - All Residents Invited [LR] 2:30 🍪 Cookies and coffee Social [SR] 4:00 🎲 Big Time Bingo [DR]	9:15 🏃 Movin' and Groovin' [LR] 3 10:00 🏠 Home Economics Club [AR] 1:30 🌳 Create a thankful tree [AR] 2:30 🌸 Afternoon gratitude [SR] 3:30 🌳 Nature Club [SR]	9:00a 🏃 Morning Walk [FD] 4 10:30 🎲 Weekly Chronical 2:00 🎬 Afternoon Movie Matinee [LR] 2:15 🍿 Popcorn buckets [LR] 6:30 🏆 Evening Cup of Joe [FP]
Daylight Saving Time Begins 5 930 🌸 Sunday Worship [DR] 1030a 🏃 Sunday Fitness [LR] 1pm 🗣️ Communion W/Jerry 3:00 🌸 Hot Cocoa & Hymns 7pm 🏠 Evening Brain Club [LR]	9:15 🏃 Mental Health Mondays [AR] 6 11:15 🚗 Carside Catering - Smoothie King 1:00 🎲 Board Game Of The Week [SR] 2:30 🏠 Candy Social [FP] 7:00 🌸 GSN with the Gang [LR]	Election Day 7 9:00 🏃 Morning Fitness w/ Michael [AR] 2:00 🎲 Politics Discussion [LR] 4:00 🏠 Music With Chris [LR] 7:00 🗣️ Front Porch Chats [LR] 8:00 🦉 Night Owl Society [LR]	10:00 🏠 Wal Mart Wednesdays 8 11:30 November Birthday Lunch [DR] 1:30 🏃 Karaoke [LR] 2:30 🍪 Pumpkin Pie Tasting [DR] 4:00 🌸 Bible Study With Chris [LR] 7:00 🏠 Sport of The Week [LR]	9:00 🏃 Morning Fitness w/ Michael [AR] 9 10:00 🐾 Pet Packages [AR] 2:00 🚗 Fall Scavenger Hunt [HW] 3:30 🍪 Cookies and coffee Social [SR] 4:00 🎲 Big Time Bingo [DR]	9:15 🏃 Movin' and Groovin' [LR] 10 10:00 🏠 Home Economics Club [AR] 1:30 🍪 Pumpkin Spice Simmering Pot [DR] 2:00 🌸 Afternoon gratitude [SR] 3:30 🌳 Nature Club [SR]	Veterans Day 11 9:00a 🏃 Morning Walk [FD] 10:30 🎲 Weekly Chronical 2:00 🎬 Afternoon Movie Matinee [LR] 2:15 🍿 Popcorn buckets [LR] 6:30 🏆 Evening Cup of Joe [FP]
930 🌸 Sunday Worship [DR] 12 1030a 🏃 Sunday Fitness [LR] 1pm 🗣️ Communion W/Jerry 3:00 🌸 Hot Cocoa & Hymns 7pm 🏠 Evening Brain Club [LR]	9:15 🏃 Mental Health Mondays [AR] 13 11:15 🚗 Lunch Bunch - Cracker Barrel 1:00 🎲 Board Game Of The Week [SR] 2:30 🏠 Popsicle Social [FP] 7:00 🌸 GSN with the Gang [LR]	9:00 🏃 Morning Fitness w/ Michael [AR] 14 10:30 🏠 Happy Tones Choir Performance [LR] 1:30 Charter Wide Fun Day: National Loosen Up and Lighten Up Day [LR] 4:00 🏠 Music With Chris [LR] 8:00 🦉 Night Owl Society [LR]	9:00 🏃 Apple Picking Exercises [LR] 15 10:00 🚗 Walmart Wednesdays 1:30 🏃 Stocking Decorating [AR] 6:30 ☕ Coffee Social [SR] 7:00 🏆 Sport of The Week [LR]	9:00 🏃 Morning Fitness w/ Michael [AR] 16 10:00 🎲 "Fall" For Safety : Safety Discussion [LR] 1:30 📖 Fall Folktales 3:30 🍪 Cookies and coffee Social [SR] 4:00 🎲 Big Time Bingo [DR]	9:15 🏃 Movin' and Groovin' [LR] 17 10:00 🏠 Home Economics Club [AR] 2:00 🌸 Afternoon gratitude [SR] 3:30 🌳 Nature Club [SR] 4:30 🍪 Farewell Fall Ball [LR]	9:00a 🏃 Morning Walk [FD] 18 10:30 🎲 Weekly Chronical 2:00 🎬 Afternoon Movie Matinee [LR] 2:15 🍿 Popcorn buckets [LR] 6:30 🏆 Evening Cup of Joe [FP]
930 🌸 Sunday Worship [DR] 19 1030a 🏃 Sunday Fitness [LR] 1pm 🗣️ Communion W/Jerry 3:00 🌸 Hot Cocoa & Hymns 7pm 🏠 Evening Brain Club [LR]	9:15 🏃 Mental Health Mondays [AR] 20 11:15 🚗 Carside Catering - Krystal 1:00 🎲 Board Game Of The Week [SR] 2:30 🍪 Cookie Social [FP] 7:00 🌸 GSN with the Gang [LR]	9:00 🏃 Morning Fitness w/ Michael [AR] 21 1:30 📖 Easy as Pie Pottery Class 4:00 🏠 Music With Chris [LR] 7:00 🗣️ Front Porch Chats [LR] 8:00 🦉 Night Owl Society [LR]	9:00 🏃 Pumpkin Bowling [LR] 22 10:00 🏠 Wal Mart Wednesdays 2:00 🌸 Thankful: A Discussion of Gratitude [LR] 4:00 🌸 Bible Study With Chris [LR] 7:00 🏠 Sport of The Week [LR]	Thanksgiving 23 9:30 🗣️ Macy's Day Parade [LR] 1:30 📖 Christmas Ornament Making [AR] 2:30 🏃 Cornhole Competition [LR] 4:30 🏠 Thanksgiving Family Dinner [DR] 6:00 🍪 The Great Pumpkin Charlie Brown [LR]	9:15 🏃 Movin' and Groovin' [LR] 24 10:00 🏠 Home Economics Club [AR] 2:00 🌸 Christmas SnowGlobes [SR] 3:30 🎲 No Place Like Gnome [SR] 6:30 ☕ Coffee Social [SR]	9:00a 🏃 Morning Walk [FD] 25 10:30 🎲 Weekly Chronical 2:00 🎬 Afternoon Movie Matinee [LR] 2:15 🍿 Popcorn buckets [LR] 6:30 🏆 Evening Cup of Joe [FP]
930 🌸 Sunday Worship [DR] 26 1030a 🏃 Sunday Fitness [LR] 1pm 🗣️ Communion W/Jerry 3:00 🌸 Hot Cocoa & Hymns 7pm 🏠 Evening Brain Club [LR]	9:15 🏃 Mental Health Mondays [AR] 27 10:00 🚗 Carside Catering - Popeyes 1:00 🎲 Board Game Of The Week [SR] 2:30 🍪 Cookie Social [FP] 7:00 🌸 GSN with the Gang [LR]	9:00 🏃 Morning Fitness w/ Michael [AR] 28 1:30 📖 A New Leaf Time Capsule [CT] 4:00 🏠 Music With Chris [LR] 7:00 🗣️ Front Porch Chats [LR] 8:00 🦉 Night Owl Society [LR]	10:00 🚗 Resident Choice Shopping Trip 29 1:30 🗣️ Autumn Uncorked [DR] 2:00 📖 Jewelry Making [DR] 6:30 ☕ Coffee Social [SR] 7:00 🏆 Sport of The Week [LR]	9:00 🏃 Morning Fitness w/ Michael [AR] 30 9:30 🚗 Starbucks Outing [FD] 2:00 🍪 Candy Cane ornaments [AR] 3:30 🍪 Cookies and coffee Social [SR] 4:00 🎲 Big Time Bingo [DR]	Location Keys Activity Room AR Courtyard CT Dining Room DR Front Desk FD Front Porch FP Hallways HW Living Room LR Resident Rooms RR Sunroom SR	"Each day I am thankful for nights that turned into mornings, friends that turned into family, dreams that turned into reality and likes that turned into loves." – Unknown